

Bellingham, Washington Winter 2009

QIGONG SELF HEALING MASSAGE w/R Fong 6:30 p.m.- 9 p.m.- Thursday, January 15
Intensive workshop at the Community Food Co-op Connections Bldg, Forest St.
Workshop fee:\$19 To register, please call the Co-op: 734-8156 www.communityfood.coop

Tai Chi & Qigong Classes with Lesley & Robert Fong *Classes will be held on holidays*

◆ Monday Tai Chi & Qigong January 12 – March 9

6:30 p.m.- 7:30 p.m. This class, recommended for new students begins on January 19

7:00 p.m. - 8:30 p.m. For students with varying experience. Classes overlap 7:00-7:30.

*8:35 p.m. – 9:15 p.m. Pa Kua, Swords, Hsing Yi

This special class is available only for those enrolled in Tai Chi

Class Session Fees: Tai Chi \$135 Tai Chi and Pa Kua \$185 *6:30 Tai Chi class \$85

Evening Class Location: Fairhaven Library, 1117 12th St., upstairs

◆ Tuesday Tai Chi & Qigong January 13 – February 17

10:30 a.m. - 11:30 a.m. This class, recommended for new students, begins on January 20.

11:00 a.m - 12 noon For students with varying experience

(Tuesday morning classes overlap between 11 and 11:30 a.m.)

◆ Thursday Tai Chi & Qigong January 15- February 19

11:00 a.m. - 12 Noon For students with varying experience

Class Session Fees: Tues.&Thurs. \$125. Tuesday or Thursday \$75 *10:30 Tues. class \$60

Morning Class Location: Firehouse Performing Arts Center, 1314 Harris Ave., Fairhaven

To enroll in our classes please make check out to Lesley Fong, mail your registration to:

Tai Chi School, P.O. Box 2424, Bellingham, WA 98227
email: ontaichi@msn.com message phone: 360-676-8356 website: [www.ontaichi.com`](http://www.ontaichi.com)

* 34th Annual Summer Camp June 25 –30, 2009 Orcas Island, WA *

-----Registration Form for Bellingham Classes 2009-----

Name _____ Signature _____ phone _____
Address _____ City _____ State _____ Zip _____
Occupation _____ Birthdate _____ email _____
Heath Concerns _____ Special Tai Chi interests _____

Monday 7pm TaiChi \$135 w/pakua \$185 ☛ 6:30pm TaiChi \$85
Tues&Thurs \$125 Tues.11am \$75 Thurs11 \$75 ☛ Tues10:30 \$60